

CRISIS AND SUICIDE PREVENTION RESOURCE LIST—U.S.-BASED



The National Suicide Prevention Lifeline

The National Suicide Prevention Lifeline provides 24/7, free and confidential support via phone or chat for people in distress, resources for you or your loved ones, and best practices for professionals. Includes information on finding your local crisis center.

Phone: 1-800-273-TALK (8255)

Website: <http://suicidepreventionlifeline.org>

Behavioral Health Treatment Services Locator

Offered by the Substance Abuse and Mental Health Services Administration, the behavioral health treatment services locator offers confidential and anonymous sources of information for persons seeking treatment facilities in the United States for substance abuse/addiction and/or mental health problems.

Website: <https://findtreatment.samhsa.gov>

Gay, Lesbian, Bisexual and Transgender (GLBT) Youth Talkline

National telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States. Assists with coming-out issues, relationship concerns, parent issues, school problems, HIV/AIDS anxiety and safer-sex information, and more. Maintains a resource database with 15,000 listings containing information on youth groups, social and support organizations, as well as gay-friendly religious organizations, sports leagues, student groups and more.

Phone: 1-800-246-PRIDE (1-800-246-7743)

Hours: Monday-Friday from 4pm-12am, EST; Saturday from 12-5pm, EST

Website: <http://www.glnh.org/talkline/>

Ages Served: Teens and young adults up to age 25

Gay, Lesbian, Bisexual and Transgender (GLBT) National Hotline

Provides telephone, online private one-to-one chat and email peer-support, as well as factual information and local resources for cities and towns across the United States. Assists with coming-out issues, relationship concerns, bullying, workplace issues, HIV/AIDS anxiety and safer-sex information, and more. Maintains a resource database with 15,000 listings containing information on social and support groups, as well as gay-friendly religious organizations, sports leagues, student groups, lawyers, doctors and various counseling professionals.

Phone: 1-888-843-4564

Hours: Monday-Friday from 4pm-12am, EST; Saturday from 12-5pm, EST

Website: <http://www.glbthotline.org/national-hotline.html>

Ages Served: All ages

Love Is Respect (formerly known as the National Dating Abuse Helpline)

Engages, educates and empowers young people to prevent and end abusive relationships. Trained peer advocates offer support, information and advocacy to young people who have questions or concerns about their dating relationships. Also provides information and support to concerned friends and family members, teachers, counselors, service providers and members of law enforcement.

Phone: 1-866-331-9474

Text: 22522 (Message and Data rates apply)

Online Chat: <http://www.loveisrespect.org>

Website: <http://www.loveisrespect.org>

Hours: 24/7 (Phone, text and chat)

National Center for Victims of Crime

Advocates for victims' rights, trains professionals who work with victims, and serves as a trusted source of information on victims' issues. Crimes could include: arson, assault, bullying, burglary, car theft, carjacking, child abuse, child sexual abuse, clergy abuse, dating violence, domestic violence, drugged/drunk driving, elder/vulnerable adult abuse, fraud, gang violence, group stalking, harassment, hate crime, hit and run, home invasion, homicide, identity theft, missing adults, missing children, property crime, ritual abuse, robbery, sexual assault, sexual harassment, stalking, terrorism, trafficking and more. Services include: National VictimConnect Helpline Provides live, anonymous referrals and support for victims of crime, their friends, and families.

Phone: 1-855-4-VICTIM (1-855-484-2846)

Hours: Monday-Friday from 8:30am-7:30pm, EST

National Victim Connect Online Chat

Provides live, anonymous referrals and support for victims of crime, their friends, and families.

Website: <https://chat.victimsofcrime.org/victim-connect/terms-of-service.jsp>

Hours: Monday-Friday from 9:30am-6:30pm, EST

Reporting on Suicide

Free guidelines for responsible reporting and storytelling related to suicide.

Website: <http://reportingonsuicide.org>

S.A.F.E. Self-injury (Information only)

Offering education and support, SAFE Alternatives works to promote healthy choices over self-injury. Educational-only.

Phone: 1-800-366-8288

Website: <http://www.rainn.org>